

## What is Help Me Grow?

**Help Me Grow** is a **FREE** information line connecting families to community resources and child development information.

- Information on child development and parenting resources.
- Referrals to resources in the community such as early intervention, family therapy, parenting classes, etc.
- Care coordination to ensure that families are successfully connecting with resources.

Help Me Grow serves children ages 0-8 who live in Albany and Laramie Counties. Families can learn about resources outside of the Help Me Grow service area through a partnership with Wyoming 2-1-1.







Commit to your health.





## Ms. Malcolm:

I am pleased to introduce Help Me Grow Wyoming (HMG), an effective system based on universal, early surveillance, screening, and detection for children ages zero to eight. Help Me Grow links families to existing community-based programs while providing further resources and screenings to families who need or request further help. The HMG model is replicated in 25 states throughout the country and currently piloted in Albany and Laramie counties. Wyoming 2-1-1 recently received support and grant funding from the Wyoming Department of Health to implement the program.

The Help Me Grow system was developed in response to the recognition that children at risk for developmental and behavioral problems are too often eluding early detection. Consensus by the experts is that early detection and connection to services leads to the best outcomes for children with developmental or behavioral issues. It is the shared belief that when early childhood systems work together early intervention services help children and forever change the life of that child.

As a professional, you likely work with children and families that could benefit from additional resources. Help Me Grow assists you by offering referral, follow-up coordination, and developmental screening tools to screen if the children you work with are developing on track. With parental permission, the Coordinator will follow up with families to assure they were effectively connected with the community resource(s) needed. This follow up also allows HMG to collect data on barriers or gaps in resources in the family's community.

The success of HMG is dependent on the support and involvement of a broad array of partners including you! For more information on Help Me Grow contact Anne Siebert, Coordinator, at asiebert@wyoming211.org or by dialing 2-1-1. Help Me Grow and Wyoming 2-1-1 also invites you to submit or update your agency information to reflect the services currently being offered. Please update your agency information at <a href="https://www.wyoming211.org">www.wyoming211.org</a>.

I look forward to working with your agency and those you refer to Help Me Grow.

Best Regards,

Anne Siebert
Help Me Grow Coordinator
Wyoming 2-1-1, Inc.
1007 E. Lincolnway
Cheyenne, WY 82001
Dial 2-1-1
www.wyoming211.org
www.facebook.com/HelpMeGrowWyoming

## Help Me Grow Wyoming Links Families to Resources!

I am pleased to introduce Help Me Grow Wyoming (HMG), an effective system based on universal, early surveillance, screening, and detection for children ages zero to eight. Help Me Grow links childcare providers, medical personnel, and families to existing community-based programs while providing further resources and screenings to families who request information. Families located in Laramie and Albany counties who are seeking further information and resources for their children are encouraged to dial 2-1-1 and connect to Help Me Grow.



HMG was developed in response to the understanding that children at risk for developmental and behavioral problems are too often eluding early detection. Caseworkers and managers know that early detection and connection to services lead to the best outcomes for children with developmental or behavioral issues. You know once the child receives early intervention services their lives are forever changed.



You can now offer Help Me Grow to your families as a rich resource to community-based programs and services. Once the referral is made we continue to have contact with families by providing follow-up coordination to make sure families get connected. When the parent reaches out, HMG can assist with additional needs families may have such as: food banks, utility assistance, health insurance information, and WIC.

The success of HMG is dependent on your support and involvement! For more information on Help Me Grow contact Anne Siebert at asiebert@wyoming211.org or 2-1-1. If you would like Help Me Grow to speak with you or your staff, I would be happy to share more about how it can help you and your children succeed with additional early childhood intervention supports, referrals, and resources.

Anne Siebert, Help Me Grow Coordinator 1007 E. Lincolnway Cheyenne, WY 82001 Dial 211 wyoming211.org www.facebook.com/HelpMeGrowWyoming