



**LARAMIE COUNTY
SCHOOL DISTRICT 2**

Students First

2020 - 2021

Return to School Plan

Laramie County School District #2

2020 – 2021 Return to School Plan

EXECUTIVE SUMMARY

LCSD#2 plans to open all public schools for face to face learning for the 2020-2021 school year. The following Smart Start Return to School Plan provides an overview of the plans the district has developed in order to provide a high-quality education for all students during the upcoming school year, while recognizing the challenges our community, state, country and the world is facing due to the COVID-19 pandemic.

This plan was developed by the LCSD#2 Board of Trustees and Administrators with guidance from the Centers for Disease Control and Prevention (CDC), Wyoming Department of Health, Laramie County Department of Health, the Wyoming Department of Education's Smart Start and Distance Learning Guidance Plans and the WHSAA Smart Start Fall Sports Guidelines.

The content of this plan includes a brief background of COVID-19, planning assumptions based on current public health information, a series of requirements for returning to school and contingency plans should a partial or full closure of schools be mandated. Requirements in this plan may change over time as directives from state and county health officials change.

The support of students, parents/guardians, staff and the community will be necessary to reopen schools. Please review this plan to learn more about our efforts to provide the safest possible learning environment for students and staff while also continuing to provide a high-quality education.

Stakeholder input is an important factor in shaping the delivery plan for the fall of 2020. A survey was utilized to gain an understanding of the preferences and opinions of LCSD#2 parents and staff. The survey generated strong interest with 517 total respondents. Of those, 191 provided comments.

The survey revealed a majority of parents, 71.9%, out of 370 respondents, desire their students to begin the school year on-site. See figure 1.

The survey also revealed a majority of staff, 83%, out of 147 respondents, desire students return to on-site learning in the fall. See figure 2.

Comments from both groups of stakeholders overwhelmingly reiterated the importance of on-site instruction, jointly maximizing the academic potential of students and balancing the social and emotional needs of students.

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Figure 1

Which of the following options would you and your student(s) prefer for returning to school in the fall?
 370 responses

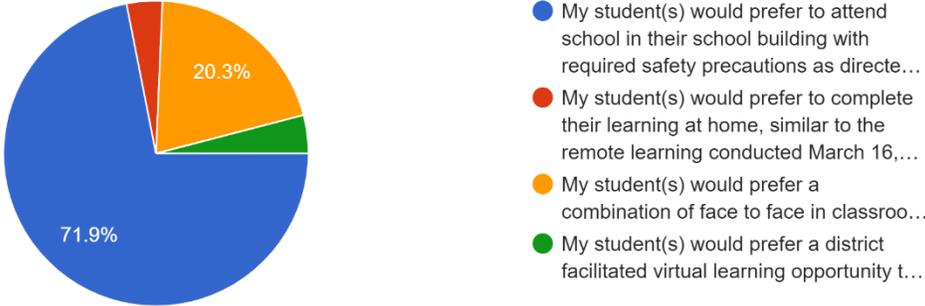


Figure 2

Which of the following options would you prefer for students returning to school in the fall?
 147 responses



BACKGROUND

COVID-19 is a disease caused by a new strain of coronavirus linked to the same family of viruses as Severe Acute Respiratory Syndrome (SARS). Symptoms most commonly include fever or chills, shortness of breath, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea. Anyone can have mild to severe symptoms; however, more severe symptoms can include increasingly troubled breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, and bluish lips or face. In more severe cases, the infection can cause pneumonia and can be fatal, mainly among older adults and people who have underlying medical conditions such as heart disease, diabetes, asthma and respiratory disease. Testing is required to determine if someone has COVID-19.

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The virus spreads through respiratory and fomite transmission. Person-to-person respiratory transmission occurs through direct contact with respiratory droplets when small droplets from the nose or mouth of a person infected with COVID-19 are spread by coughing, sneezing or exhaling. Transmission happens most frequently among close contacts, usually within six feet. These infected droplets can also land on objects and surfaces around the infected person. Other individuals can then develop COVID-19 by touching these objects or surfaces (fomites) and then touching their eyes, nose or mouth. The COVID-19 virus may survive on surfaces for many hours or days (3-72 hours depending on the surface), but simple disinfectants and soap and water can inactivate it. The incubation period, the time between exposure to the virus and the development of first symptoms, is between 1-14 days, but most commonly about five days. Additionally, some people remain asymptomatic but are still able to spread the virus. As with other respiratory infections, public health measures are critical to slow the spread of COVID-19. Everyday preventative actions include: staying home when sick, covering the mouth and nose with flexed elbow or tissue when coughing or sneezing, washing hands often with soap and water, and disinfecting frequently touched surfaces and objects. As more is learned about COVID-19, public health officials may recommend additional preventative actions.

INSTRUCTION DELIVERY TIERS

The district has developed a plan for school reopening and continued operation utilizing a three-tiered delivery model; On-site (Tier I), Hybrid (Tier II) and Off-site (Tier III). Definitions include:

- ▶ Tier I (Open – On-site): Buildings are open to all students and staff, and school will start as close to normal as possible. Students will attend school daily and on-site. Additional precautions will be in place to limit exposure, including increased frequency of cleaning, disinfecting and sanitizing, and measures of social distancing where possible. Social distance recommendations may impact areas such as transportation, field trips, lunch, recess and transitions. Remote and classroom-based virtual education (Tier II and Tier III plans) within the resident district could potentially take place while under Tier I depending on a student, parent or families' health risk level and/or personal choice.
- ▶ Tier II (Hybrid): A combination of in-person and adapted learning is required due to local or state health directives limiting the number of students on-site. Buildings will be open to some students and most staff. School will consist of a mixture of on-site delivery 2 days per week and off-site delivery 2 days per week. Social distancing and face coverings will take place to the greatest extent possible for those attending in person. Classroom-based virtual education (Tier III plan) within the resident district could potentially take place while under Tier II depending on a student, parent or families' health risk level and/or personal choice.
- ▶ Tier III (Closed – Off-site): School buildings are closed to students due to local or state health directives or orders. School districts will follow provisions in the approved adapted learning plan and students would receive all instruction at home via classroom-based virtual education. The district will provide technology resources to streamline off-site learning. Instruction will be delivered through several methods to include live and recorded presentations, communication

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applications, collaborative lessons, threaded discussions, hands-on activities, learning packets, flipped lessons, independent projects and telephonic communication. Materials would be delivered/received via electronic methods or district transportation according to students' needs.

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COMMUNICATIONS

LCSD#2 is committed to providing families, staff and the community with timely and accurate information related to COVID-19 and our response to this global pandemic. We will use the following methods to communicate with stakeholders:

- ▶ Regular district wide updates will be made on how current health orders and conditions impact the day to day operations of our schools.
 - LCSD#2 will provide notifications to stakeholders based on the level of information available. All communications will be posted to the district website (laramie2.org) and district social media platforms (Facebook and Twitter). Significant changes affecting the district will also be distributed via the district all-call system. Updates will be provided to the Board of Trustees during their monthly public meetings, which occur on the second Monday of each month. Stakeholders will be surveyed regarding significant considerations for the district.
- ▶ Principals will provide regular updates regarding issues pertaining to a single school.
- ▶ Teachers will provide regular updates regarding issues pertaining to a single classroom/class.
- ▶ School nurses will serve as the primary contact for COVID-19 related questions/follow up.
- ▶ Administration will continue regular and ongoing coordination with local, state and federal governmental agencies including the Wyoming Department of Health, State Health Officer, and the Laramie County Department of Health, County Health Officer.
 - LCSD#2 staff will continue to work with all appropriate governmental agencies to monitor the current COVID-19 situation locally and across Wyoming to ensure we are aware of the current number of cases in our community and all applicable health orders and recommendations. This includes participation in public meetings, working groups and other community efforts as appropriate.
- ▶ Coordinate with childcare programs in Laramie County.
 - LCSD#2 will continue to work with providers of educational services in our community to ensure awareness, and where appropriate, alignment in service of Laramie County children and families.
- ▶ Work with all families and the Parent Teacher Organizations at the elementary level.
 - LCSD#2 will communicate with and obtain feedback opportunities to engage and inform parents in COVID-19 related messages.
- ▶ Media Relations.
 - LCSD#2 will work with local media outlets to provide accurate and timely information to the media regarding the district's response to the COVID-19 situation while ensuring student and staff privacy is protected.

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SAFETY AND WELLNESS



TIER I – OPEN

HEALTH SCREENING

Parents/guardians will be expected to monitor their child's health each morning and evening for the following COVID-19 like symptoms:

- A cough
- Shortness of breath or difficulty breathing
- A fever of 100.4 or higher, chills or a sense of having a fever
- A sore throat
- New loss of taste or smell
- Muscle or body aches
- Headache
- Nausea/vomiting/diarrhea
- Congestion or runny nose, not related to seasonal allergies
- Unusual fatigue

If the student or anyone in the household exhibits any of the above symptoms, or the student has been in close contact with anyone with suspected or confirmed COVID-19, they must stay home and contact their school.

COVID-19 – Students and Staff

LCSD#2 will follow the current CDC guidelines.

If symptomatic, test positive or have been in close contact with someone who is symptomatic or tests positive, you must stay home and contact your school.

If you test positive, or are notified by the county or state health department that you have been in close contact with someone who tests positive, you must stay home until you receive a letter from the health department releasing you to return to school/work.

If you exhibit symptoms, but do not get tested:

- You must stay home for 72 hours **or** provide a doctors' note releasing you to return to school/work within that 72 hours **or** receive permission from a school nurse or the Superintendent **AND**
- At least 24 hours with no fever without fever-reducing medication **AND**
- Symptoms have improved

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If your symptoms persist and you choose not to get tested or see a doctor, you can return to school/work after:

- At least 10 days since symptoms first appeared **AND**
- At least 24 hours with no fever without fever-reducing medication **AND**
- Symptoms have improved

If a student exhibits any symptoms during the school day, he/she will put on a face covering. Elementary teachers will call a school nurse to come to the classroom to evaluate the student. Jr/Sr High School students will go to the nurses' office to be evaluated. Each school will maintain a clean room and a sick room in order to keep sick and healthy students separated. If symptoms warrant, the student will be isolated from others while waiting to be picked up by a parent/guardian or emergency contact. The student should be picked up as soon as reasonably possible after contact from the school is made.

If a staff member develops symptoms during the school day, he/she will report to the nurse's office, wearing a face covering. Staff members exhibiting symptoms will be sent home immediately.

BUILDING ACCESS

Students will be limited to entering the buildings through the main entrance only. Students will not be allowed in any buildings prior to staff arrival and will not be dropped off prior to 7:30 am. Upon arrival, students will wear masks, report directly to their classrooms and will not be allowed to congregate in groups per current health directives.

Any school visitors, including parents/guardians, will be limited to emergencies only and will be required to wear masks to enter the building. If a student needs to be picked up/dropped off during the school day, parents/guardians will contact the school and the student will be escorted into or out of the building.

Hand sanitizing stations will be available at each entrance. Sanitizing products and/or hand washing stations will be available in all classrooms. Students, staff and visitors will sanitize hands upon entry and exit of the building, before and after meals, before and after recess/activities and will sanitize throughout the day as needed.

TRANSITIONS

Transition plans have been developed in collaboration with the local health department.

In elementary schools, transitions will be limited and based on grade levels with exceptions to be made at individual buildings based on class sizes. Grade level groups will be maintained at recess and lunch times in order to limit student interactions to their typical daily peer interactions. Masks will be

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required for anyone traveling through group utilized spaces, such as hallways and restrooms per local health directives.

In secondary schools, masks will be required for anyone traveling through group utilized spaces, such as hallways and restrooms per local health directives.

When social distancing cannot be maintained, masks will be required per local health directives.

NURSING SERVICES

Nurses will be provided on-site and available throughout the day where needed.

PPE

Face coverings will be available for students and staff unable to provide their own when situations require it. All students and staff will be required to wear masks when on buses or where social distancing is not feasible, such as group utilized spaces like hallways and restrooms, per health department guidelines.



TIER II – HYBRID

HEALTH SCREENING

Parents/guardians will be expected to monitor their child's health each morning and evening for the following COVID-19 like symptoms:

- A cough
- Shortness of breath or difficulty breathing
- A fever of 100.4 or higher, chills or a sense of having a fever
- A sore throat
- New loss of taste or smell
- Muscle or body aches
- Headache
- Nausea/vomiting/diarrhea
- Congestion or runny nose, not related to seasonal allergies
- Unusual fatigue

If the student or anyone in the household exhibits any of the above symptoms, or the student has been in close contact with anyone with suspected or confirmed COVID-19, they must stay home and contact their school.

COVID-19 – Students and Staff

LCSD#2 will follow the current CDC guidelines.

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If symptomatic, you must stay home and contact your school. You can be with others after:

- At least 10 days since symptoms first appeared **and**
- At least 24 hours with no fever without fever-reducing medication **and**
- Symptoms have improved

Depending on your healthcare provider's advice and availability of testing, you might get tested to see if you still have COVID-19. If you are tested, you can be around others when you have no fever, respiratory symptoms have improved, and you receive two negative test results in a row, at least 24 hours apart.

If testing is positive but no symptoms manifest, you can be with others after:

- 10 days have passed since test

Depending on your healthcare provider's advice and availability of testing, you might get tested to see if you still have COVID-19. If you will be tested, you can be around others after you receive two negative test results in a row, at least 24 hours apart.

If you develop symptoms after testing positive, follow the guidance above for "If Symptomatic".

For anyone who has been around a person with COVID-19:

It is important to remember that anyone who has close contact with someone with COVID-19 should stay home for 14 days **after exposure** based on the time it takes to develop illness.

If a student exhibits any symptoms during the school day, he/she will report to the nurse's office, wearing a face covering. The student will be isolated from others while waiting to be picked up by a parent/guardian or emergency contact. The student should be picked up as soon as reasonably possible after contact from the school is made.

If a staff member develops symptoms during the school day, he/she will report to the nurse's office, wearing a face covering. Staff members exhibiting symptoms will be sent home immediately.

BUILDING ACCESS

Students will be limited to entering the buildings through the main entrance only. Students will not be allowed in any buildings prior to staff arrival and will not be dropped off prior to 7:30 am. Upon arrival, students will wear masks, report directly to their classrooms and will not be allowed to congregate in groups per current health directives.

Any school visitors, including parents/guardians, will be limited to emergencies only and will be required to wear masks to enter the building. If a student needs to be picked up/dropped off during the school day, parents/guardians will contact the school and the student will be escorted into or out of the building.

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exit of the building, before and after meals, before and after recess/activities and will sanitize throughout the day as needed.

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Transition plans have been developed in collaboration with the local health department.

In elementary schools, transitions will be limited and based on grade levels with exceptions to be made at individual buildings based on class sizes. Grade level groups will be maintained at recess and lunch times in order to limit student interactions to their typical daily peer interactions. Masks will be required for anyone traveling through group utilized spaces, such as hallways and restrooms per local health directives.

In secondary schools, masks will be required for anyone traveling through group utilized spaces, such as hallways and restrooms per local health directives.

When social distancing cannot be maintained, masks will be required per local health directives.

NURSING SERVICES

Nurses will be provided on-site and available throughout the day where needed.

PPE

Face coverings will be available for students and staff unable to provide their own when situations require it. All students and staff will be required to wear masks when on buses or where social distancing is not feasible, such as group utilized spaces like hallways and restrooms, per health department guidelines.



TIER III – CLOSED

Health and wellness protocols within schools will be suspended during school closures.

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SCHOOL OPERATIONS



TIER I – OPEN

TRANSPORTATION

Students will be asked to practice social distancing at bus stops or wear masks if social distancing is not feasible.

Regular bus routes will be maintained. Face coverings will be required for all students and staff on buses per county/state health directives when social distancing is not feasible.

Parents will be encouraged to self-transport students when possible or if they are not comfortable with adhering to county/state face covering guidelines.

Hygiene, social distancing and mask signage will be posted on buses, and parents and students will be informed of requirements and protocols.

Hand sanitizer will be provided to be used by all students and staff upon entry and exit of buses.

Buses and vehicles will be cleaned and disinfected in compliance with pertinent state and/or federal agencies after the completion of each route or event.

Parents are expected to adhere to health screening students daily prior to allowing student(s) to ride the bus. Protocols are in place to handle students who exhibit illness symptoms while on the bus.

NUTRITION/FOOD SERVICES

District nutrition services will operate in a manner that maximizes social distancing, the use of face coverings, and appropriate hygiene measures per health directives.

Hand sanitization will be required before and after meals.

Breakfast will be served in spaces that allow for six-foot distancing to occur, primarily in the classrooms.

Lunch will be served to grade levels to maximize social distancing, with exceptions to be made at building levels based on class sizes.

All self-serve options and share tables will be eliminated.

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All cleaning and sanitation protocols will meet or exceed USDA, state health department and federal food service guidelines. Protocols are in place to ensure proper sanitation takes place between groups.

Water bottle filling stations are available in all schools in lieu of water fountains and students will be encouraged to have their own water bottle.

Face coverings will be used by food service staff as directed by state and local health officials.

FACILITIES

Hand sanitation stations have been installed at building entrances/exits and sanitization products will be available in all classrooms for students to wipe down their desks, high touch areas and shared items.

Protocols will be established to ensure high touch areas throughout the buildings are sanitized on a regular basis throughout the day. Custodial staff will follow cleaning and sanitation protocols that meet or exceed state and federal guidelines.

Water fountains have been turned off and water bottle fill stations have been installed in all buildings.

Students and parents will be notified of requirements and hygiene, face covering and social distancing signage will be posted when and where appropriate.

Classrooms will be set up in a way to maximize social distancing.

Tools used will be disinfected after each use.

Building access will be limited to students and staff, with exceptions to be approved by building administrators.

ACTIVITIES

Student activities will operate in adherence to WHSAA and state and local health guidelines. Social distancing, face coverings and hygiene requirements will be followed as directed.

Coaches and sponsors will screen student participants for COVID-19 symptoms prior to daily participation and events.

Shared equipment will be disinfected between uses to the best of coach/participants' abilities and facilities will be thoroughly cleaned before and after activities.

Hand sanitization will be required before and after practices and competitions.

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TIER II – HYBRID

TRANSPORTATION

Students will be asked to practice social distancing at bus stops or wear masks if social distancing is not feasible.

Regular bus routes will be maintained. Face coverings will be required for all students and staff on buses per county/state health directives when social distancing is not feasible.

Parents will be encouraged to self-transport students when possible or if they are not comfortable with adhering to county/state face covering guidelines.

Hygiene, social distancing and mask signage will be posted on buses, and parents and students will be informed of requirements and protocols.

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Water fountains have been turned off and water bottle fill stations have been installed in all buildings.

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Classrooms will be set up in a way to maximize social distancing.

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Building access will be limited to students and staff, with exceptions to be approved by building administrators.

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Student activities will operate in adherence to WHSAA and state and local health guidelines. Social distancing, face coverings and hygiene requirements will be followed as directed.

Coaches and sponsors will screen student participants for COVID-19 symptoms prior to daily participation and events.

Shared equipment will be disinfected between uses to the best of coach/participants' abilities and facilities will be thoroughly cleaned before and after activities.

Hand sanitization will be required before and after practices and competitions.

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TIER III – CLOSED

TRANSPORTATION

In the event of a school closure, LCSD#2 will operate under the provisions of the approved district adapted learning plan, which includes providing transportation for limited student services, meal and educational delivery based on need and participation.

NUTRITION SERVICES

In the event of a school closure, LCSD#2 will operate under the provisions of the approved district adapted learning plan, which includes providing meals for students by pick up at designated locations.

District nutrition services will operate in a manner that maximizes social distancing, the use of face coverings, and appropriate hygiene measures per health directives.

All self-serve options will be eliminated.

All cleaning and sanitation protocols will meet or exceed USDA, state health department and federal food service guidelines.

FACILITIES

In the event of a school closure, LCSD#2 will operate under the provisions of the approved district adapted learning plan.

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INSTRUCTION AND TECHNOLOGY

LCSD#2 will provide the following learning plans for students and will provide professional development for staff to facilitate remote hybrid and off-site learning plans.

LEARNING PLANS

On-site: Students will attend school daily and participate in face-to-face classroom education in their designated building.

Hybrid: Students will attend classes via a mixture of on-site and remote delivery methods in the event restrictions limit the number of students allowed to attend on-site.

Off-site: Students will receive all instruction at home via virtual education in the event health orders dictate school closures or by parental choice.

High quality standards-based instruction will be provided for all students, regardless of learning plan.

All instruction and coursework will be managed via an online learning management system to allow for the possibility of a seamless transition between different tiers of instruction and meet the needs of students participating in an adapted learning plan.

All K-12 students will be provided with a personal electronic device (i.e. ChromeBook, iPad) and hotspot (if needed) in order to implement a 1:1 instructional technology model. All electronic devices stored in charging stations in the school buildings will be disinfected daily.

Parents and students will be able to access technology support via phone and email during school hours.

Daily attendance tracking will take place for all students participating in face-to-face instruction and remote education. Attendance will be tracked twice a day (elementary) or class period (secondary). Any student participating in virtual education will be expected to demonstrate weekly engagement as indicated by participation metrics specific to each course.

Special Education programming will be individualized to each students' unique needs as outlined in their Individualized Educational Program (IEP). Special education staff will monitor each student closely and adjust programming as appropriate. Parents will be notified of all changes to specially designed instruction or related service delivery. English Language Development programming and English Language Learner (ELL) support will continue to be provided by ELL teachers/staff.

Each school will foster student engagement by focusing on developing and sustaining strong student-teacher and family-school relationships throughout the school year. These relationship building efforts may include in-home visits, small group gatherings, live interactive webinar sessions and other community building and relationship building efforts. Building-level PLCs, Multi-Tier Systems of Support

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(MTSS) teams and building leadership teams will also facilitate the development of school-wide and district-wide relationship building activities. By using student screener data, attendance tracking data and ongoing input from classroom teachers, school-based teams composed of counselors, social workers, school psychologist, principals and teachers will continuously improve upon existing systems of identifying students in need of additional Social-Emotional supports and interventions. These teams will develop individualized student interventions and consistently monitor student progress within those interventions.

The district will review previous year's assessments to calibrate individualized learning along with data from MAP testing to be given during the first week of classes. Student learning needs and student learning gaps will be assessed and a clear set of teaching and learning expectations will be established at each grade level and content area. Building level MTSS teams and Professional Learning Communities (PLCs) will establish an evaluation plan to determine content gaps and set targets to "catch up" students to grade level.

School counselors will meet with each student and evaluate individually to determine their interest in concurrent and dual enrollment and provide them the opportunity to sign up for classes they desire.

INSTRUCTION



TIER I – OPEN

State or local public health directives or orders will be followed during face-to-face learning. High quality standards-based instruction will be provided via face-to-face learning for the vast majority of students. Students and teachers will be in the classroom.

An elementary and secondary school in the district will host classroom-based virtual education for students who report risk factors associated with COVID-19 (i.e. the student or the student's family members are of a "high risk" group and/or parental preference). Students who elect this option will experience remote education which is delivered through interactive, live technology which allows the student to attend class virtually from home. The student can view the lesson as it is taught, ask questions, make comments and interact in real-time with the teacher, classroom students and other remote students. Should students experience technical issues, recorded lessons will also be available.

Teachers will be required to receive seven hours of PTSB approved PD related to virtual education instruction during the school year.

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The district will work collaboratively with local providers to provide hot spots or internet service in the home.



TIER II – HYBRID

State or local public health directives or orders will be followed during face-to-face learning. A hybrid plan will be utilized if local or state health orders dictate a limit to the number of students allowed on-site, whereas an alternating schedule of students on- and off-site will be implemented, or in cases where a student or teacher are under quarantine but a classroom or building closure has not been directed.

In the hybrid approach, high quality standards-based instruction will be provided via a combination of face-to-face and remote off-site learning environments. Teachers will be in their classroom instructing face-to-face students while simultaneously instructing remote students. Remote education is delivered through interactive, live technology which allows the student receiving the remote instruction to ask questions, make comments and interact in real-time with the teacher, classroom students and other remote students. Should students experience technical issues, recorded lessons will also be available.

Teachers will be required to receive seven hours of PTSB approved PD related to virtual education instruction during the school year.

The district will work collaboratively with local providers to provide hot spots or internet service in the home.



TIER III – CLOSED

In the event local or state health orders dictate the closure of a classroom, building, district or state-wide school closures, high quality standards-based instruction will be provided virtually for all students. A variety of mediums will be utilized to deliver instruction, such as digital and printed materials, video and audio technology, and telephonic interaction. All teachers and students will be off-site.

Teachers will be required to receive seven hours of PTSB approved PD related to virtual education instruction during the school year.

The district will work collaboratively with local providers to provide hot spots or internet service in the home.

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COVID 19 – GLOSSARY OF TERMS (from the University of Virginia)

Asymptomatic

Not showing any symptoms (signs of disease or illness). Some people without any symptoms still have and can spread the coronavirus. They're asymptomatic, but contagious. Fever, cough, and shortness of breath are the main symptoms of COVID-19. Call your healthcare provider if you have any of the symptoms.

The Centers for Disease Control (CDC)

The United States' federal health protection organization.

Communicable

Similar in meaning as "contagious." Used to describe diseases that can be spread or transmitted from one person to another.

Community spread

The spread of an illness within a particular location, like a neighborhood or town. During community spread, there's no clear source of contact or infection.

Confirmed case

Someone tested and confirmed to have COVID-19.

Congregate settings

Public places that can get crowded and where contact with infected people can happen. This includes places like malls, theaters, and grocery stores.

Coronavirus

A family of related viruses. Many of them cause respiratory illnesses. Coronaviruses cause COVID-19, SARS, MERS, and some strains of influenza, or flu. The coronavirus that causes COVID-19 is officially called SARS-CoV-2, which stands for severe acute respiratory syndrome coronavirus 2.

COVID-19

The name of the illness caused by the coronavirus SARS-CoV-2. COVID-19 stands for "coronavirus disease 2019."

Epidemic

A situation where more cases of disease than expected happen in a given area or to a group of people.

Epidemiology

The branch of medicine that studies how diseases happen and spread in communities of people. A person who studies epidemiology is called an epidemiologist.

Flattening the curve

Controlling the rate of new cases of COVID-19.

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The “curve” refers to a graph showing the number of cases of COVID-19 that happen over a period of time. Many cases happening in a short period of time create a graph that looks like a tall spike.

By using protective measures, we can slow down how many new cases happen. This is the “flattening” of the curve – on the graph, the flattened curve winds up looking more like a gentle hill.

Too many new cases happening in a short time can create a serious problem. Hospital systems only have so many supplies, like beds and PPE. There are also only so many doctors, nurses and other healthcare workers. Too many patients at one time can overwhelm these resources. This means sick and injured people may not get needed treatment.

Flattening the curve reduces the numbers of people needing healthcare at one time. This allows hospitals to treat patients throughout the pandemic.

Immunity

Your body's ability to resist or fight off an infection. Your immune system is a network of cells throughout your body that help you avoid getting infected and help you get better when you are infected.

Immunocompromised

Also called immune-compromised or immunodeficient. This describes someone who has an immune system that can't resist or fight off infections as well as most people. This can be caused by several illnesses. Some treatments for illnesses can also cause someone to be immunocompromised.

Incubation period

The time it takes for someone with an infection to start showing symptoms. For COVID-19, symptoms appear 2-14 days after infection.

Outbreak

A sudden increase of a specific illness in a small area.

Pandemic

When a new disease spreads to many countries around the world.

PPE

PPE Stands for personal protective equipment. This includes masks, face shields, gloves, gowns and other coverings that healthcare workers use to prevent the spread of infection to themselves and other patients.

Person under investigation (PUI)

When a health provider suspects a person has the coronavirus. But, no test has confirmed the infection.

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Presumptive positive case

When a person tests positive for the coronavirus, but the CDC hasn't confirmed the case.

Quarantine

Sometimes called "isolation." Quarantines keep people away from each other to prevent the spread of disease. Stay-at-home orders are a type of quarantine.

Governments sometimes order quarantines to keep healthy people from exposure to infected people. They give rules to behavior and boundaries to movement.

Screening

This is not the same as a coronavirus test. This step helps healthcare workers to decide if you actually need a coronavirus test. It's a series of basic questions about your health condition and recent history. Screening may also include other common healthcare procedures, like taking your temperature.

Self-isolation

Also called self-quarantine. Separating yourself when you're sick from healthy individuals to prevent spreading illness.

Shelter in place

An order for people to stay where they are and not leave for their own protection. A stay-at-home order is a kind of shelter-in-place order.

Social distancing

Also called physical distancing. It means putting space between yourself and other people at all times. The goal is to slow down how fast an infection spreads. Stay-at-home orders are a way that the government can enforce social distancing.

The CDC recommends keeping at least six feet between you and others around you in public. Social distancing also includes avoiding crowds and groups in public.

Symptomatic

When a person shows signs of illness. For COVID-19, that includes cough, fever or shortness of breath.

Ventilator

A machine that supplies oxygen to a patient with severe lung issues. People with severe cases of COVID-19 can't provide enough oxygen to their body. Their lungs are too limited.

A ventilator machine requires a specialist or respiratory therapist. It is more invasive than an oxygen mask. Many hospitals don't have a supply of ventilators big enough for the COVID-19 outbreak.

World Health Organization (WHO)

This United Nations organization monitors and protects public health around the world.

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WHSAA SMART START FALL SPORTS GUIDELINES

On July 1, the Wyoming Department of Education (WDE) released its Smart Start guidance (hyperlink to guidance: <https://edu.wyoming.gov/wp-content/uploads/2020/07/Smart-Start-Guidance.pdf>) for reopening schools this fall. The guidance references activities and asks that school districts follow the guidance provided by the Wyoming High School Activities Association (WHSAA). The following document is WHSAA's Smart Start guidance for conducting activities this fall. It is essential to the physical and mental well-being of high school students to return to physical activity and athletic competition.

The following guidance is organized into three categories: (1) Overall requirements; (2) Event requirements; and (3) National Federation of State High School Associations (NFHS). The content has been vetted and approved by both the WHSAA and the Wyoming Department of Health (WDH). These guidelines are minimum standards. Schools will still be expected to work with their local health officials in determining if further restrictions need to be addressed in their districts. We also understand the ever-changing conditions that exist during the COVID-19 pandemic and recognize that modifications to these guidelines may be required in the future.

(1) OVERALL REQUIREMENTS

These requirements are the intended minimum standards that all athletics and activities should endeavor to implement:

- **Social Distancing**-Each school district will operate student activities in a way that maximizes social distancing, use of face coverings, and appropriate hygiene measures. For athletics and activities, face coverings should be worn by coaches, staff, officials, parents, and spectators whenever six feet of separation cannot be maintained. Players and participants should refrain from wearing face coverings during strenuous activity.
- **Screening**-Athletes, participants, coaches, and officials must be screened prior to participating in allowable sanctioned sports. Screening will include a temperature check. An internal temperature threshold of 100.4 is suggested. The WHSAA COVID-19 Screening Tool/Monitoring Form should be used for consistency and tracing purposes (See Appendix I).
- **Sanitizing**-Employ enhanced sanitation and cleaning measures (See Appendix II). Some examples of best practice are no shared athletic equipment (towels, clothing, shoes, sports specific equipment (excluding balls), etc.) between students; all students and coaches should bring their own water bottle, **no sharing**; water filling stations may be utilized but must be cleaned after every practice/contest. Social distancing will need to be maintained.
- **Physical exam**-Students must have passed a physical on or after May 1, 2020.
- **Transportation**-Social distancing in transportation vehicles is encouraged and should be maximized. When social distancing cannot be maintained, face coverings will be required.
- **Health Officer Collaboration**-Each school will notify their county health department regarding any event athletes, coaches, event staff, media, spectators, and vendors if the school learns of suspected or confirmed cases of COVID-19 at an event.
- **Cohorts**-Conduct workouts using cohorts of students, with the same students always working out together. This ensures more limited exposure if someone develops an infection.
- **Spectators**-Different households must physically distance from other households while watching events. Face coverings are strongly encouraged to be worn in situations where social distancing

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is not possible. Schools should consider limiting spectators to immediate family members or parents, if required, to allow social distancing and space.

(2) EVENT REQUIREMENTS

The WDE’s Smart Start plan breaks down recommendations into three tiers. Tier 1 being open, Tier II being a hybrid of open with intermittent closures, and Tier III being schools are closed to students. This document also uses those Tiers.

TIER I

- **Screening**-Each school will be responsible to screen their athletes, participants, coaches, and other team personnel. The host site will be responsible to screen officials, event personnel, and fans.
- **Sanitizing**-Proper sanitizing measures will be utilized for all equipment and facilities of the event (See Appendix II). Hand sanitizer will be provided at the entrance of the facility.
- **Social Distancing**-When six feet of separation cannot be maintained, face coverings are strongly encouraged for everyone except athletes and participants. Athletes and participants may be required to wear face coverings as well, depending on the activity.

TIER II

- **Positive test**-When a particular school has a positive COVID test, the school moves into Tier II and all Tier I protocols will be utilized, plus the following:
- School districts will work with local health officials to determine the appropriate level of participation in activities.
- If allowed to participate, event guidelines will be determined in conjunction with local health and school officials.

TIER III

- When a particular school is in Tier III, all sports for that school will cease until the school district transitions back to Tier II. Once back in Tier II, school districts will work with local health officials to determine the appropriate level of participation in activities.

(3) NFHS

- The NFHS rules considerations will be utilized to enhance social distancing (See Appendix III).

APPENDIX

- I - WHSAA COVID-19 Screening Tool/Monitoring Form
- II – “Guidance for Opening up High School Athletics and Activities”

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This document is meant to provide general guidance. Schools will be required to follow current health orders and directives.

- III – NFHS Rules Considerations

In cooperation with the Smart Start Guidance, these guidelines are designed to allow Wyoming high schools the opportunity for a safe return to competition. Compliance to their provisions will aid in furthering the benefits activities affords our students.

WHSAA COVID-19 Screening Tool/Monitoring Form



Program:

Staff:

Check Yes or No Below

Name	DATE/TIME	Fever/Chills		Cough		Sore Throat		Shortness of Breath		Fatigue		Head/Muscle /Body Aches		New Loss of Taste/Smell		Congestion/ Runny Nose		Nausea/ Vomiting/ Diarrhea		Close contact, or cared for anyone with COVID-19		Temp Not Above 100.4	
		YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
		YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
		YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
		YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
		YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
		YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO

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VOLLEYBALL CONSIDERATIONS

Each school should develop a plan with their local health officials to successfully complete the fall season. Below are considerations to include in your plan.

Special Considerations for the use of the following equipment:

- Volleyballs
- Nets/standards
- Referee Stand
- Scorer's table
- Ball Car
- Water Bottles
- Gloves are permissible for all players, coaches and officials.
- Each team is responsible for its own towels, hand sanitizer and med kit

Special Considerations for the use of the following components of the facility:

- Sidelines/Team Bench
- Warm up areas
- Ticket Booths
- Entry/Exit Gates
- Concessions
- PA Systems
- Bleachers
- Bathrooms
- Locker Rooms
- Hydration stations

Practices – Screenings, face coverings and individual hygiene of all participants should be followed in accordance with WHSAA Smart Start Guidelines and the WHSAA Screening/Monitoring form should be utilized.

- Workouts/practices should be conducted in “pods” of participants with same players working out together to limit overall exposure
- Participants should maintain the recommended six feet of distancing between individuals
- No sharing of equipment (except volleyballs)
- Encourage players to not lick their hands and then wipe their shoes
- Face coverings are not recommended during practice, but are strongly encouraged before and after practice for everyone (athletes and coaches)

Events – WHSAA Smart Start Guidelines must be utilized for all events.

- Regular season matches will be duals only. No multiple day invitational tournaments will be allowed. Teams may have more than one dual in a day but must keep teams separated to meet social distancing guidelines. Duals must be scheduled to allow for appropriate cleaning and sanitizing when new teams come to the facility.

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- Each team should bring their own warm-up balls. Host school could supply a cart for each team that has been sanitized.
- Each player must shag their own individual ball, if a ball inadvertently goes to the other team's side, none of the opposing players may throw the ball back.
- Only team members playing in the current match can shag balls.
- Teams must remain at their bench area during the opposing team's warmup time on the court
- Face coverings are not recommended while playing but are strongly encouraged before and after contests for everyone (coaches and athletes).
- All event workers should utilize face coverings, and gloves when appropriate
- No pre or post game gatherings should take place to assist in limiting exposure. (i.e. Tailgating, BBQ's, etc.)

Post Season:

Regionals will take place in a quadrant format with the highest seed hosting each round. Details will be finalized in the near future.

State will take place at the Casper Events Center with 4 one-day meets. 1A will play on Wednesday, November 4th, 2A on Thursday, November 5th, 3A on Friday, November 6th and 4A on Saturday, November 7th.

Time schedule will be finalized in the near future.

All NFHS Rules Considerations for Volleyball should be utilized as appropriate.



2020-21 Volleyball Rules Considerations

In support of the Guidance for Opening Up High School Athletics and Activities, the NFHS Volleyball Rules Committee offers this document for state associations to consider whether any possible rules could be altered for the 2020-21 season. The considerations outlined in this document are meant to decrease potential exposure to respiratory droplets by encouraging social distancing, limiting participation in administrative tasks to essential personnel and allowing for appropriate protective equipment.

Return to Competition

1. Volleyball Rules Considerations

- ***Prematch Conference (1-2-4a; 1-6-2; 1-6-3; 2-1-10; 5-4-1h, k; 5-6-1; 7-1-1; 7-1-1 PENALTIES 1; 9-1a; 12-2-3)***
 - Limit attendees to one coach from each team, first referee and second referee.

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- Move the location of the prematch conference to center court with one coach and one referee positioned on each side of the net. All four individuals maintain a social distance of 3 to 6 feet.
 - Suspend the use of the coin toss to determine serve/receive. The visiting team will serve first in set 1 and alternate first serve for the remaining non-deciding sets.
 - Suspend roster submission at the prematch conference. Rosters are submitted directly to the officials' table before the 10-minute mark.
 - **Team Benches (5-4-4b, 9-1-2, 9-1-2 NOTE, 9-3-3b)**
 - Suspend the protocol of teams switching benches between sets. In the event there is a clear and distinct disadvantage, teams may switch sides, observing all social distancing protocols. Officials will determine if a disadvantage is present.
 - Limit bench personnel to observe social distancing of 3 to 6 feet.
 - **Deciding Set Procedures [1-2-4b, 5-4-4c, 5-5-3b(26), 9-2-3c]**
 - Move the location of the deciding set coin toss to center court with team captains and the second referee maintaining the appropriate social distance of 3 to 6 feet. A coin toss, called by the home team, will decide serve/receive.
 - Suspend the protocol of teams switching benches before a deciding set. In the event there is a clear and distinct disadvantage, teams may switch sides, observing all social distancing protocols. Officials will determine if a disadvantage is present.
 - **Substitution Procedures (2-1-7, 10-2-1, 10-2-3, 10-2-4)**
 - Maintain social distancing of 3 to 6 feet between the second referee and the player and substitute by encouraging substitutions to occur within the substitution zone closer to the attack line.
 - **Officials Table (3-4)**
 - Limit to essential personnel which includes home team scorer, libero tracker and timer with a recommend distance of 3 to 6 feet between individuals. Visiting team personnel (scorer, statisticians, etc.) are not deemed essential personnel and will need to find an alternative location.
- 2. Volleyball Officials Manual Considerations**
- **Pre and Post Match Ceremony**
 - Establish volleyball specific social distancing match protocols including the elimination of handshakes before and after the match.
- 3. Volleyball Rules Interpretations**
- **Rule 4-1 EQUIPMENT AND ACCESSORIES**
 - Cloth face coverings are permissible. (4-1-4)
 - Gloves are permissible. (4-1-1)
 - **Rule 4-2 LEGAL UNIFORM**

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- Long sleeves are permissible. (4-2-1)
- Long pants are permissible. [4-2-1i (1)]
- Under garments are permissible, but must be unadorned and of a single, solid color similar in color to the predominant color of the uniform top or bottom. [4-2-1h (3), 4-2-1i (2)]
- **Rule 5-3 OFFICIALS UNIFORM AND EQUIPMENT**
 - By state association adoption, long-sleeved, all-white collared polo shirt/sweater are permissible. (5-3-1 NOTES 2)
 - Electronic whistles are permissible. (5-3-2a, b)
 - Cloth face coverings are permissible.
 - Gloves are permissible.

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CROSS COUNTRY CONSIDERATIONS

Each school should develop a plan with their local health officials to successfully complete the fall season. Below are considerations to include in your plan.

Special Considerations for the use of the following equipment:

- Individual Student Equipment / Personal Items
- Timing Devices
- Tents/Shelters
- Flagging/Marking Equipment (Cones, Paint Cans)
- Bibs
- Water Bottles
- Any item that is held in the hands or contacts the body
- Gloves are permissible for all players, coaches and officials.
- Each team is responsible for its own towels, hand sanitizer and med kit

Special Considerations for the use of the following components of the facility:

- Team Areas
- Bleachers
- Bathrooms/Portable restrooms
- Locker Rooms – recommended all competitors come ready to participate
- Hydration stations
- Entry/Exit

Practices – Screenings, face coverings and individual hygiene of all participants should be followed in accordance with WHSAA Smart Start Guidelines and the WHSAA Screening/Monitoring form should be utilized.

- Workouts/practices should be conducted in “pods” of participants with same runners working out together to limit overall exposure
- Runners should maintain the recommended six feet of distancing between individuals and have no physical contact with each other
- No sharing of equipment
- All activities (including meetings) occur outdoors
- Avoid grouping of athletes at the start and end of practices and during transition times
- Staggered start times for meetings are recommended
- Face coverings are not recommended while running, but are strongly encouraged before and after practice for everyone (athletes and coaches)

Events - WHSAA Smart Start Guidelines must be utilized for all events.

- Regular season contests will be limited to no more than four high school teams with a limit not to exceed 112 participants (this would allow for JV and Varsity)
- Create starts and finishes to discourage congestion (staggered/wave /interval starts are available options)
- Multiple races could be held

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- No pre or post-race handshakes or fist bumps should take place
- Teams should not mass collect warm-ups at the starting or finish areas.
- Face coverings are not recommended while running but are strongly encouraged before and after meets (when not racing) for everyone (coaches and athletes).
- All event workers should have face coverings, and gloves when appropriate
- No pre or post game gatherings should take place to assist in limiting exposure. (i.e. Tailgating, BBQ's, etc.)

Post Season:

If a conference decides to hold a Conference Meet, it must meet the guidelines of the regular season. The State Meet will be at three separate sites with a 1:00 p.m. start time.

All NFHS Rules Considerations for Cross Country should be utilized as appropriate.



2020-21 Cross Country Considerations

In support of the Guidance for Opening Up High School Athletics and Activities, the NFHS Track and Field Rules Committee offers this document for state associations to consider whether any possible rules could be altered for the 2020-21 season. The considerations outlined in this document are meant to decrease potential exposure to respiratory droplets by encouraging social distancing, limiting participation in administrative tasks to essential personnel and allowing for appropriate protective equipment.

Note: This is not an exhaustive list and there might be additional steps in each school, city, and state to help prevent the spread of virus. Even when taking all precautions, there will still be risk of transmitting illnesses. Everyone should stay vigilant about the health of members of their teams. Lastly, the situation with Covid-19 is rapidly changing. These considerations may quickly become outdated. Please keep up with the latest from the CDC and other health officials in your state.

Return to Competition

General Considerations:

- Social distancing of at least 6 feet should be maintained at all times. No hugging, shaking hands, or fist bumps for support/encouragement.
- Cross country meets should consider using staggered, wave or interval starts.
- Possible Rule Modifications:
 - 8-1-3a: Consider widening the course to at least 6 feet at its narrowest point.
- Finish:
 - Consider using finish corrals and FAT timing for larger meets as easier to distance at finish.

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- With no FAT timing system consider alternative means of finish place and time to address congestion at finish line.
- Consider using image-based equipment at finish to assist with picking place to avoid congestion.
- Clean and disinfect frequently touched surfaces and exercise equipment.
- **Pre and Post Game Ceremony:** Establish cross country specific social distancing meet protocols including the elimination of handshakes before and after the match.

Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “pods” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

Considerations for Students:

- Consider making each student responsible for their own supplies
- Students should wear their own appropriate workout clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Hand sanitizer should be plentiful at all contests and practices.
- Athletes should tell coaches immediately when they are not feeling well.
- Cloth face coverings are permitted.
- Bring your own water bottle.

Considerations for Officials:

- Bring personal hand sanitizer. Wash hands frequently
- Don't share equipment.
- Follow social distancing guidelines:
 - Pre and Post Meet conferences,
 - Clerking at the start line,
 - Tabulations and posting of results.
- Consider using electronic whistle.
- Do not shake hands and follow pre and post-game ceremony guidelines established by state associations.
- Officials personnel may wear cloth face coverings at all times.

Considerations for Parents:

(A family's role in maintaining safety guidelines for themselves and others):

- Make sure your child and immediate household members are free from illness before participating in practice and competition (if there is doubt stay home),
- Provide personal items for your child and clearly label them.

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FOOTBALL CONSIDERATIONS

Each school should develop a plan with their local health officials to successfully complete the fall season. Below are considerations to include in your plan.

Special Considerations for the use of the following equipment:

- Footballs
- Mouthguards
- Kicking Tees
- Ball Bags
- Pennies/Helmet Covers
- Shields
- Any item that is held or that contacts the body (i.e. Blocking pads/dummies)
- Individual Student Equipment / Personal Items
- Water Bottles
- Gloves are permissible for all players, coaches and officials.
- Each team is responsible for its own towels, hand sanitizer and med kit

Special Considerations for the use of the following components of the facility:

- Goal Post Pads
- End Zone Pylons
- Down and Distance Markers
- Sidelines/Team Areas
- Warm-Up Areas
- Weight Training Facilities
- Ticket Booths
- Entry/Exit Gates
- Concessions
- PA Systems
- Bleachers
- Bathrooms/Portable restrooms
- Locker Rooms
- Hydration stations

Practices – Screenings, face coverings and individual hygiene of all participants should be followed in accordance with WHSAA Smart Start Guidelines and the WHSAA Screening/Monitoring form should be utilized.

- Workouts/practices should be conducted in “pods” of participants with same players working out together to limit overall exposure
- Participants should maintain the recommended six feet of distancing between individuals
- Limit sharing of equipment (i.e. Blocking pads/dummies, footballs)
- All activities (including meetings) occur outdoors when possible
- Face coverings are not recommended during practice, but are strongly encouraged before and after practice for everyone (athletes and coaches)

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Events – WHSAA Smart Start Guidelines must be utilized for all events.

- Face coverings are not recommended while playing but are strongly encouraged before and after contests for everyone (coaches and athletes).
- All event workers should utilize face coverings, and gloves when appropriate
- No pre or post game gatherings should take place to assist in limiting exposure. (i.e. Tailgating, BBQ's, etc.)

Post Season:

Depending on State Health Orders, the season may be shortened, and playoffs would begin earlier or reduced based on information provided to the WHSAA.

The five State Championships will be hosted at the highest seeds site. This is a one-year plan with the hopes of returning to the University of Wyoming the following year.

For the upcoming year, if the seeds are the same and have not played during the season, the following will be the host site:

1A-6man	The East will host
1A-9man	The West will host
2A	The West will host
3A	The East will host
4A	Will be determined by coaches seeding

All NFHS Rules Considerations for Football should be utilized as appropriate.



2020 Football Rules Considerations

In support of the NFHS Guidance for Opening Up High School Athletics and Activities, the NFHS Football Editorial Committee offers this document for state associations to consider whether any possible rules could be altered for the 2020 football season. The considerations outlined in this document are meant to decrease potential exposure to respiratory droplets by encouraging social distancing, limiting participation in administrative tasks to essential personnel and allowing for appropriate protective equipment.

Return to Competition

1. FOOTBALL RULES CONSIDERATIONS

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- **TEAM BOX (Rule 1-2-3g)**
 - The team box may be extended on both sides of the field to the 10-yard lines (for players only) in order for more social-distancing space for the teams.
 - Maintain social distancing of 6 feet at all times while in the team box.
 - Do not share uniforms, towels and other apparel and equipment.
- **BALL (Rule 1-3-2)**
 - The ball should be cleaned and sanitized throughout the contest as recommended by the ball manufacturer.
 - The ball holders should maintain social distancing of 6 feet at all times during the contest.
- **FACE MASKS [Rules 1-5-1a, 1-5-3c(4)]**
 - Cloth face coverings are permissible.
 - Plastic shields covering the entire face (unless integrated into the face mask and attached to the helmet and clear without the presence of any tint) shall not be allowed during the contest.
- **TOOTH AND MOUTH PROTECTORS [Rule 1-5-1d(5)]**
 - ***Still being determined at this time on how to best handle the tooth and mouth protector during the contest. The NFHS SMAC will update the membership as soon as guidance is developed for all sports that require a tooth and mouth protector.*
- **GLOVES (Rule 1-5-2b)**
 - Gloves are permissible but still must comply with Rule 1-5-2b by meeting either the NOCSAE Standard or the SFIA Specification.

2. FOOTBALL GAME OFFICIALS MANUAL CONSIDERATIONS

- **GAME OFFICIALS UNIFORM AND EQUIPMENT**
 - Electronic whistles are permissible (supplies are limited).
 - Choose a whistle whose tone will carry outside.
 - Fox 40 Mini -
 - Fox 40 Unisex Electronic – (3 tone) -
 - Ergo-Guard - (3 tone) - orange
 - Windsor - (3 tone)
 - Check the market for other choices
 - Cloth face coverings are permissible.
 - Gloves are permissible.
 - Do not share uniforms, towels and other apparel and equipment.
- **PREGAME CONFERENCE, COIN TOSS AND OVERTIME PROCEDURES**
 - For the coin toss, limit attendees to the referee, umpire and one designated representative from each team.
 - Coin toss should take place in the center of the field with designated individuals maintaining social distancing of 6 feet.

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- No handshakes prior to and following the coin toss.
- Maintain social distancing of 6 feet while performing all pregame responsibilities with all officiating crew members, game administration staff, line-to-gain crew, clock operators, individuals handling the balls during the game and team personnel.
- For the overtime procedure, please use the same procedure as used at the start of the contest for the coin toss.

3. PRE AND POST GAME CONSIDERATIONS

- Suspend pregame protocol of shaking hands during introductions.
- Suspend postgame protocol of shaking hands.

4. FINAL CONSIDERATIONS FOR FOOTBALL

- Before, during and after the contest, players, coaches, game officials, team personnel and game administration officials should wash and sanitize their hands as often as possible.
- Maintain social distancing of 6 feet at all times while on the sidelines and on the field of play when possible.
- Everyone should have their own beverage container that is not shared.
- Cloth face coverings are permissible for all coaches and team staff and for all game administration officials.
- Gloves are permissible for all coaches and team staff and for all game administration officials.
- Try and limit the number of non-essential personnel who are on the field level throughout the contest.
- If available, dressing facilities for game officials and teams should be large enough for them to use social-distancing protocols and should be properly cleaned and sanitized prior to their arrival.