This year at PBES we have started a pilot program to give students the option to eat a school provided breakfast in the classroom. The purpose of this program is to allow each student at our school the opportunity to eat a healthy breakfast each morning. In previous years breakfast was offered to student’s before school started. However, this was a barrier to some students because there is limited time to eat before school, the bus schedule, and it interferes with morning recess (many students would rather skip breakfast than miss recess).

Our principal Mrs. Verosky has experience at a previous school with a breakfast in the classroom program and felt it greatly benefitted students. Here are some quick facts about the importance of breakfast and why this program is important for our students:

- Studies show that children who skip breakfast are at an academic disadvantage: They have slower memory recall, make more errors, and are more likely to repeat a grade

- Studies show that eating breakfast can help math, reading, and standardized test scores

- Serving breakfast in the classroom can help reduce tardiness and absences, and help children behave better.

Here is what teachers are saying about breakfast in the classroom:

“I think the program is awesome. Kids have a choice as to whether they want to participate or not. Those that do not participate are allowed to bring in something from home if they wish.”

“Not every student has the opportunity to eat breakfast at home, before school. Many students are on a bus very early in the morning. This program ensures that all are being fed and ready to learn.”

“Breakfast in the classroom is working very nicely. Kids come in, they grab their breakfast, and we have a working breakfast. My teaching continues while students are eating.”

If you would like more information on breakfast in the classroom, please go to the district website below or contact the school as we would love to hear parent feedback.

http://www.laramie2.org/content/nutrition
Be Somebody Update

Last year Mrs. Cosner introduced a program during her counseling classes called Be Somebody. This program goes through 9 different values or words important to all children including: respect, community, duty, optimism, honor, heart, fairness, courage, and authenticity. The program went well last year and we are continuing it this year.

This month our focus is Respect and Community. Mrs. Cosner has been doing activities exploring the unique communities our students are a part of and respecting each member of our community based on both our similarities and differences. Feel free to talk with your student about these values and how they play out in all areas of their lives.

Math Facts

4th, 5th, and 6th grade parents please be studying your student’s multiplication facts with them regularly as it is crucial to their success in Math. Thank you for your support in this.

Please see the attached information from our principal regarding bus safety.